

Yield and quality performance of bottle gourd [*Lagenaria siceraria* (Mol.) Standl.] genotypes in humid tropical lowland of Kerala

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ABSTRACT

The present investigation was carried out at the Department of Vegetable Science, College of Agriculture, Kerala Agricultural University, Vellayani, during 2019-2020 to study the performance of bottle gourd genotypes. Among the genotypes, the BG-3 recorded the lower most node to fruit production (13.7) and highest fruit set per cent (43.4%). BG-2 was earliest to first fruit harvest (57.8 days). IC 371745 recorded longer fruit length (68.8 cm) which was at par with IC 538142 (62.2 cm). Genotype IC417704 recorded maximum fruit diameter and flesh thickness (15.97 cm and 12.56 cm). Genotype IC 331101 recorded the lowest rind thickness (1.69 mm) and IC 536593 recorded the highest fruit weight (2.41 kg). TvpM Local recorded highest number of fruits per vine (6) followed by Pant Lauki-4 (4.3). The highest fruit yield was recorded in TvpM Local (43.98 t ha⁻¹) with crop duration of 129.4 days. The highest TSS and ascorbic acid content were noted in the BG-3 (2.5°B) and IC398545 (12.0 mg 100⁻¹ g), respectively. Based on the mean yield performance of the genotypes and selection index score IC 536593, TvpM Local and Pant Lauki-4 were best performing genotypes.

Key words: bottle gourd, genotypes, yield, quality, selection index

INTRODUCTION

Bottle gourd [*Lagenaria siceraria* (Mol.) Standl.] is a vigorous annual climbing vine from Cucurbitaceae family. It is one of the most well-liked cucurbitaceous fruit crops grown worldwide in the tropical climates of India, Sri Lanka, Indonesia, Malaysia, China, and Turkey as well as in most parts of Africa, Europe and South America (Nicola *et al.*, 1999). It is cultivated worldwide for diverse uses such as for food, medicine, containers. Fresh bottle gourd fruit juice is used as medicine to cure various diseases (Ghule *et al.*, 2007). Its seeds are the potential source of protein, lipid, macro and micro nutrients. India being rich source of bottle gourd germplasm with 1,814 accessions (Anjula *et al.*, 2019) and high genetic diversity for fruit traits resulted in a variety of uses in daily human life. It is cultivated in an area of 187 thousand hectares with an annual production of 3011 thousand metric (NHB, 2019). In many parts of India, high yielding varieties and hybrids of bottle gourds were cultivated and crop being short duration in nature, fairly resistant to biotic and abiotic stress problems. In this climate changing scenario, the crop can be made fit into many horticultural production systems such as organic

farming system, homestead cropping system, multistory cropping system etc. but its adaptability and performance of different genotypes of bottle gourd have not been documented in humid tropical low lands of Kerala. To development of an early maturing and high yielding variety will be helpful to increase the productivity, extent of cultivation and export. Hence, the present investigation was taken up with the objective to screen and characterization 31 bottle gourd genotypes for different yield and quality traits.

MATERIALS AND METHOD

The present investigation was carried out at the Department of Vegetable Science, College of Agriculture, Vellayani, during 2019 - 2020. The experimental site was located at 8.25 North latitude and 76.59 East longitudes, at an altitude of 13 m above mean sea level. Predominant soil type of experimental site was red loam belonging to Vellayani series, texturally classified as sandy clay loam. In the experiment, 31 accessions/varieties of long type bottle gourd, collected from public and private sectors, were evaluated for the yield and quality. The evaluation was done in randomized block design

(RBD) with two replications. Seeds were sown in pro trays filled with growing media composed of coir pith and vermicompost in the ratio 1:1. Seedlings after true-leaf emergence were transplanted into the main field at 3 x 2 m spacing. The crop was raised according to the package of practices recommendations for the bottle gourd. Five plants were randomly selected in each genotype from each replication and tagged for recording the biometric observations for the fruit yield and quality parameters and the mean values of the data recorded were analyzed statistically adopting the method suggested by Panse and Sukhatme (1985). Node to first fruit initiation was recorded by counting number of position from the first true leaf; fruit set per cent was calculated by dividing total number of healthy fruits to total number of female flowers produced into a hundred. Fruit diameter was measured by cutting the fruit in the middle at the vertical axis in centimeter. Days to first harvest was recorded by counting days from sowing to first harvest. Fruit length was measured with the help of meter scale in centimeter (cm) while the fruit diameter was measured across fruit and average value was expressed in centimeter (cm). Rind thickness was measured with the help of digital vernier calipers. Flesh thickness was measured with the help of thread, and it is compared with meter scale by separating the flesh from the skin and expressed in centimeter

(cm). Number of fruits per vine was recorded by counting total fruits produced up to last harvest. Fruit weight and yield per hector were recorded in the kilogram (kg) and tones per hector ($t\ ha^{-1}$) respectively. Duration of crop was measured in days (d) by counting days taken from sowing to final crop harvest. While the quality parameters like TSS was estimated by hand refractometer scaling 0-32 per cent range and expressed in terms of $^{\circ}$ Brix. Ascorbic acid content of fruit was estimated by 2, 6-dichlorophenol indophenol dye method (Sadasivam and Manickam, 1992) and expressed in terms of $mg\ 100^{-1}g$.

RESULTS AND DISCUSSION

Fruit yield parameter

The analyses of variance for thirteen traits of thirty-one genotypes of the bottle gourd are presented in Table 1. A perusal of data (Table 1) indicated that the lower node to first fruit initiation was noticed in BG-3 (13.7) and it was found statistically at par with genotypes viz., IC 284895 (15.0), BG-13 (14.9). IC342077 (19.4) had the higher node to first fruit initiation. The trait fruit set per cent directly contributing to yield of crop i.e., higher the fruit set per cent resulting higher number of fruits per plant and leading to the higher yield per unit area.

Table 1: Analysis of variance for characters in bottle gourd accessions

Character	Replication	Genotypes	Error
Node to first fruit initiation	0.15	4.13**	0.420
Fruit set (%)	61.16	78.91**	4.980
Days to first harvest	3.96	36.48**	0.870
Fruit length (cm)	2.71	190.79**	0.290
Fruit diameter (cm)	0.03	5.86**	0.040
Rind thickness (mm)	0.01	0.52**	0.020
Flesh thickness (cm)	0.08	6.15**	0.070
Fruit weight (kg)	0.027	0.255**	0.021
Number of fruits per vine	0.41	0.97**	0.050
Yield ha^{-1} ($t\ ha^{-1}$)	0.7220	95.179**	0.096
Duration of crop (d)	39.31	97.09**	2.000
TSS ($^{\circ}$ Brix)	0.08	0.09**	0.010
Ascorbic acid content of the pulp ($mg100^{-1}g$)	4.02	7.14**	1.550

Data represent mean sum of squares; * significant at $P \leq 0.05$; **significant at $P \leq 0.01$

Among the genotypes studied BG-3 produced highest fruit set (43.4 %) followed by Arka Bahar (35.9 %), IC 371745 (35.5 %) and IC 334300 (35.1 %). IC342077 (13.2%) where noted for lowest fruit set. Screening for early

maturing genotypes from the gene pool plays key role in development of early maturing and high yielding varieties and hybrids in-order to catch higher market price. Among the genotypes studied BG-2 was earliest to first fruit harvest

(57.8 days) followed by Naveen (62.9 days), BG-3 (63.2 days). IC284891 (74.1 days) was late to first fruit harvest. These results are confirmed with study of Harika *et al.* (2012), Tomar *et al.* (2015) in bottle gourd. IC 371745 recorded for longer fruit length (68.8 cm) which was at par with IC 538142 (62.2 cm). BG-3 (22.9 cm) were recorded for minimum fruit length. Rathore *et al.* (2017) reported variations in fruit diameter might be due to fruit length and number of fruits per vine. Harika *et al.* (2012) reported that differences in flesh thickness could be attributed to the inherent traits of cultivars and flesh thickness increases with an increase in size of the fruit. Among the genotypes studied

IC417704 had recorded for highest fruit diameter and flesh thickness (15.97 cm and 12.56 cm) which was at par with IC146312 (13.38 cm and 10.95 cm). While the genotypes BG-1 (7.35 cm) and Naveen (4.19 cm) was noted for least fruit diameter and flesh thickness respectively. Highest rind thickness was observed in IC 538142 (3.79 mm) and lowest in IC 331101 (1.69 mm) these variations in rind thickness among genotypes indicate the possibility of selection among genotypes for desired rind thickness. The results are similar to those obtained by Kandasamy *et al.* (2019), Pandiyan *et al.* (2019) and Navdeep *et al.* (2020).

Table 2: Mean performance of bottle gourd genotypes for fruit yield and quality parameters

Treatments	NFFI	FS (%)	DGHD	FL (cm)	FD (cm)	RT (mm)	FT (cm)	FW (kg)	NFPV	YPHa (t ha ⁻¹)	DC (d)	T.S.S. (°Brix)	AACP (mg100 ⁻¹ g)
Arka Bahar	18.9	35.9	67.2	47.8	9.83	3.46	6.38	1.59	4.2	23.72	124.2	2.15	9.2
Pusa Naveen	16.7	25.4	71.9	34.5	9.96	2.77	7.19	2.17	3.5	23.93	129.3	1.95	10.5
Pant lauki-1	16.9	29.2	69.2	50.3	11.35	3.19	8.16	2.24	4.0	31.51	126.4	2.10	7.9
Pant lauki-4	16.8	23.5	68.1	55.0	10.70	2.33	8.37	2.22	4.3	32.65	125.6	1.75	7.9
Samrat	16.0	26.6	66.0	45.4	10.86	3.09	7.77	1.84	3.9	25.98	121.5	2.15	5.3
BG-12	17.2	28.3	64.6	44.3	8.57	3.20	5.37	2.58	3.9	25.89	117.6	2.00	7.9
KAR -1	18.1	27.1	70.5	42.8	11.04	2.39	8.65	1.56	3.5	20.11	128.5	1.95	6.6
BG-8	17.8	28.6	63.7	60.0	9.73	3.59	6.14	2.13	4.2	28.87	119.2	1.85	9.2
BG-11	15.1	24.8	63.0	48.8	10.26	2.49	7.77	1.78	3.3	21.56	130.0	1.95	6.6
IC146312	18.0	25.7	71.3	47.1	13.38	2.43	10.95	2.11	3.4	26.49	129.3	1.8	6.6
Tvpm Local	14.9	30.3	72.9	52.1	8.58	2.83	5.75	2.30	6.0	43.98	129.4	2.25	7.9
IC 334300	17.5	35.1	68.3	50.7	10.61	3.57	7.04	1.86	3.6	21.50	125.8	1.85	9.2
IC284891	16.2	24.4	74.1	41.0	10.18	3.32	6.86	1.75	3.3	21.41	133.6	2.15	7.9
IC284895	15.0	30.2	66.9	40.0	10.02	2.30	7.72	2.00	3.6	25.58	124.4	1.95	9.2
IC311135	14.8	28.2	65.2	51.4	10.14	2.61	7.53	1.77	3.1	18.18	119.7	2.20	7.9
IC339196	16.7	28.2	68.2	47.4	10.35	2.90	7.44	1.48	3.9	21.50	125.6	2.00	11.8
IC 331101	15.1	22.0	63.9	51.9	9.93	1.70	8.23	1.88	2.9	18.57	121.9	1.85	9.4
IC 371745	18.1	35.5	66.2	68.8	9.55	2.52	7.03	2.08	3.3	21.27	124.2	1.85	10.5
BG-13	14.9	34.8	59.6	58.9	7.92	3.54	4.38	1.89	4.2	30.10	120.1	1.80	5.3
IC 536593	16.3	21.5	72.7	42.9	11.55	3.77	7.78	2.41	3.4	27.22	131.7	2.05	10.5
IC 538142	13.8	27.4	65.8	62.2	10.69	3.79	6.90	1.86	3.2	19.60	123.9	1.75	6.6
IC342077	19.4	13.2	65.0	57.8	12.75	2.78	9.97	1.95	2.9	18.09	122.9	2.00	7.9
IC417704	17.2	22.0	71.3	33.0	15.97	3.42	12.56	1.97	3.4	20.68	137.2	2.25	9.2
IC398545	15.5	25.7	69.6	52.3	9.83	2.71	7.12	1.94	3.3	21.84	127.6	1.95	12.0
KS-1	15.0	20.8	66.7	40.8	9.35	2.85	6.50	1.81	3.0	19.39	124.7	2.15	7.9
IC343153	15.8	21.4	69.0	50.9	10.82	3.51	7.31	2.10	3.1	22.12	128.0	1.90	9.2
BG-1	17.8	17.9	59.3	56.6	7.35	2.81	4.54	1.98	2.7	18.62	116.8	1.60	5.3
BG-2	17.1	14.7	57.8	39.9	9.42	2.57	6.85	1.73	2.5	16.54	115.8	1.85	5.3
BG-3	13.7	43.4	63.2	22.9	8.87	3.00	5.87	0.50	2.3	3.84	100.0	2.50	5.3
Naveen	16.0	25.7	62.9	52.0	7.35	3.16	4.19	2.06	3.8	32.99	114.9	1.50	9.2
BG-6	17.3	25.5	59.1	32.1	9.84	2.37	7.47	1.79	2.7	16.95	117.1	1.70	7.9
SE (m)	0.46	1.58	0.66	0.38	0.13	0.10	0.18	0.07	0.16	0.22	1.00	0.07	0.88
CD (0.05)	1.33	4.56	1.91	1.1	0.39	0.30	0.53	0.39	0.46	0.61	2.89	0.20	2.54

NFFI: Node to first fruit initiation, FS: Fruit set (%), DGH: Days to first harvest, FL: Fruit length (cm), FD: Fruit diameter (cm), RT: Rind thickness (mm), FT: Flesh thickness (cm), FW: Fruit weight (kg), NFPV: Number of fruits per vine, YPHa: Yield per hectare (t ha⁻¹), DC: Duration of crop (d), TSS (°Brix): Total soluble solids, AACP: Ascorbic acid content of the pulp (mg 100⁻¹g)

The average fruit weight ranged from 0.50 to 2.41 kg with a mean of 1.89 kg. The maximum average fruit weight was recorded by IC 536593 (2.41 kg) and it was found statistically at par with genotypes viz., Pant Lauki-1 (2.24 kg), Pant Lauki-4 (2.22 kg). Whereas, BG-3 (0.50 kg) recorded for minimum average fruit weight. Highest number of fruits per vine was observed in Tvpm Local (6) and lowest in BG-3 (2.3) with overall treatment mean of 3.5. The variation in this trait might be due to differences in sex ration, fruit set per cent and genetic composition of genotypes. The mean fruit yield ranged from 3.84 t ha⁻¹ to 43.98 t ha⁻¹. Maximum average yield was recorded in Tvpm Local (43.98 t ha⁻¹) and it was found statistically at par with genotypes viz., Naveen (32.98 t ha⁻¹), Pant Lauki-4 (32.64 t ha⁻¹) and Pant Lauki-1 (31.50 t ha⁻¹). Minimum mean yield was recorded in BG-3 (3.84 t ha⁻¹). Higher yield per hector in Tvpm Local might be due to its better performance in fruit set per cent (30.3 %), number of fruits per vine (6), fruit weight (2.3 kg), fruit length (52.1 cm) and fruit diameter (8.58). These results are similar to those reported by Tirumalesh and Mandaland (2018), Kandasamy *et al.* (2019), Pandiyan *et al.* (2019), and Navdeep *et al.* (2020). IC417704 noted for the maximum crop duration (137.2 days) and it was statistically at par with genotypes viz., IC284891 (133.6 days), IC 536593 (131.7 days). Where BG-3 was noted minimum crop duration of 99.9 days. Similar performance was noticed in crop duration in

bottle gourd by Visen *et al.* (2014) and Kalyanrao *et al.* (2016) in the bottle gourd.

Quality parameters

Among the quality traits studied, the total soluble solids (TSS) content of the fruit pulp varied significantly and treatment mean ranged from 1.5 to 2.5 °B with overall mean value of 1.96° B. BG-3 (2.5 °B) noted for highest TSS content this might be due to hydrolysis of complex carbohydrates present in fruit pulp Gajera (2017). The lowest TSS content was noted in Naveen (1.5°B). The results are similar to those obtained by Rambabu *et al.* (2017), and Navdeep *et al.* (2020). The average mean for ascorbic acid content of the pulp was ranged from 5.26 to 12.0 mg 100⁻¹ g. This variation might be due to inherent traits of genotypes and enzymatic and non- enzymatic reactions (Gajera 2017). IC398545 (12.0 mg 100⁻¹ g) recorded for highest ascorbic acid content and IC 371745 (10.5 mg 100⁻¹ g) was on par with it. BG-13 (5.3 mg 100⁻¹ g) recorded the lowest ascorbic acid content. The results are similar to those obtained by Rambabu *et al.* (2017) and Iqbal *et al.* (2019).

Based on the mean yield performance of the genotypes and selection index score superior genotypes identified for yield and quality were viz., IC 536593, Tvpm Local and Pant Lauki-4 these genotypes can be recommended for commercial cultivation.

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